



Namaste,

Welcome to JaiPure Yoga, LLC ("JPY"). Please complete the following form prior to attending your first class. You can hand it in at the front desk or complete it upon your arrival. Please let us know if you have any questions.

FIRST NAME: \_\_\_\_\_ LAST NAME: \_\_\_\_\_

Email: \_\_\_\_\_ Telephone: \_\_\_\_\_

Street Address: \_\_\_\_\_

City/State /Zip: \_\_\_\_\_

Birthday/Age: \_\_\_\_\_

Emergency Contact – Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

I am aware, understand and agree, for good and valuable consideration, that the purpose of JPY is to share knowledge of yoga with the participants of each class. I understand that a practice of yoga may at times be strenuous and requires physical exertion and movement that may involve risk of physical injury.

I understand that I am responsible for judging my own physical capabilities and limitations. I understand that it is my responsibility to determine if any medical reason should prevent my practice of yoga at JPY or require modification of an instruction given by a teacher. I agree to notify the instructor if I am pregnant or could be pregnant. I agree to take full responsibility to not exceed my own physical capabilities. I hereby agree to take full responsibility and to hold JPY harmless for any injury I may suffer during or as a result of my attendance and/or practice at JPY.

I also hereby agree and take full responsibility to notify the instructor of any physical injury or other condition that may affect my practice of yoga and that I will promptly inform the instructor of any injury before or during class.

I understand and agree that the practice of yoga involves physical adjustments of students by instructors which require physical contact between the instructor and student, between instructor's assistant and student or between student and student. I hereby agree that if I do not want any physical adjustments during class then I will promptly notify the instructor before class. I also hereby agree that it is my responsibility to notify the adjustor when an adjustment has gone as far as desired.

I also fully understand and am aware that the practice of yoga involves the use of props including ropes and slings that can involve complete suspension. The use of such equipment involves inherent risks of potential defect in manufacture or installation of said equipment or use of props. I hereby fully agree and waive all claims against JPY should any equipment malfunction at any time and hereby agree to pursue all claims against the manufacturer of said equipment.

I am fully aware and understand all of the foregoing and hereby waive, release and hold JaiPure Yoga harmless for any claim I may have as a result of my attendance at JPY, including but not limited to any injury at any time of any kind or any person or entity affiliated therewith, including but not limited, to the founders, principals, instructors, employees, volunteers, agents and/or representatives.

I have carefully read the above release of liability and fully understand and agree to the above by signing below.

Signature: \_\_\_\_\_ Dated: \_\_\_\_\_

Signature: \_\_\_\_\_ Dated: \_\_\_\_\_

*Parental or Guardian Signature for Minor under the age of 18*